

# CRAB GROUND CHUB (5 LB)

Hungry Planet Crab™ is premium plant-based meat that stores, prepares, cooks and tastes just like conventional crab. Chefcrafted to be delicious, versatile, and healthful, Hungry Planet Crab™ is perfect for crab cakes, crab rangoon, egg rolls, dips; any dish requiring conventional crab. Packed with protein and fiber, with fewer calories and less fat than conventional and competitor products, it's the healthful way to be kinder to our planet.

- Packed with protein and fiber.
- No cholesterol. No antibiotics.
- Lower in fat. Fewer calories.

### **HANDLING & COOKING INSTRUCTIONS**

Product should be frozen immediately upon receiving. Keep frozen until use. Thaw in refrigerator. Frozen product that has thawed can be refrozen. Hungry Planet Crab™ can be formed and prepared according to any recipe and can be cooked on an oiled grill, flat top, conventional oven, impinger oven, or non stick pan. Cooks like lean meat. Cook to an internal temperature of 160°F before consuming.

## **INGREDIENTS**

Water, Soy Protein Concentrate, Textured Wheat Protein, High Oleic Sunflower Oil, Natural Flavors, Modified Vegetable Gum, Dextrose.

# **ALLERGENS**

Contains: Soy, Wheat

#### **SPECIFICATIONS**

Type: Raw, Frozen, Vegan

Item Number: 40005

UPC Code: 00886844400059

Manufacturing Location: USA

Net Wt: 20 lbs. (4 x 5lb chubs)

Case Dimensions: 12.5"L x 8.5"W x 8.5"H

Cases Per Pallet: 105

Transport/Storage Temp: -10°F to 0°F

Frozen Shelf Life: 14 months

Refrigerated Shelf Life: 5-7 days \*Case is marked with a use by date.

Ex. 021418\*

#### **NUTRITION FACTS**

	Per Serve (100g/3.5oz)
Calories	130
Total Dietary Fiber	4g
Saturated Fat	0.5g
Cholesterol	0mg
Trans Fat	0g
Protein	17g
Sugars	<1g
Sodium	220mg
Total Fat	4g
Total Carb.	7g
Vit D	0%DV
Calcium	80mg 6%DV
Iron	2.5mg 15%DV
Potassium	400mg 8%DV