Hungry Planet Crab™

CRAB CAKES (4.0 OZ)

Hungry Planet Crab™ Cakes are made with premium plant-based meat that matches the delectable taste and texture of conventional crab. Chef-crafted to be delicious and healthful, our Hungry Planet Crab™ Cakes are sure to delight seafood lovers and vegans alike. Packed with protein and fiber, with fewer calories and less fat (no trans fat) than conventional and competitor products, they're a healthful way to be kinder to our planet.

- *Lower in fat, no trans fats and fewer calories.*
- *No antibiotics. No cholesterol. Non-GMO.*
- *Packed with protein and fiber.*

HANDLING & COOKING INSTRUCTIONS

Product should be frozen immediately upon receiving. Keep frozen until use. Thaw in refrigerator. Frozen product that has thawed can be refrozen. Hungry Planet Crab™ can be formed and prepared according to any recipe and can be cooked on an oiled grill, flat top, conventional oven, impinger oven, or non stick pan. Cooks like lean meat. Cook to an internal temperature of 160°F before consuming.

INGREDIENTS

Water, Soy Protein Concentrate, Textured Wheat Protein, Diced Red Pepper, Sunflower Oil, Natural Flavor (Maltodextrin, Salt, Modified Food Starch, Yeast Extract, High Oleic Acid, Sunflower Oil, Dried Yeast, Medium Chain Triglycerides, Silicon Dioxide), Spices, Lemon Peel, Modified Vegetable Gum, Dextrose, Lemon Oil, Bread Crumb (Wheat Flour, Salt, Yeast, Sugar, Sunflower Oil).

ALLERGENS

Contains soy and wheat (gluten).

SPECIFICATIONS

Type: Raw, Frozen, Vegan
Item Number: 40636
UPC Code: 00886844406365
Manufacturing Location: USA
Net Wt: 9.94 lbs. (36 x 4.0 oz cakes)
Case Dimensions: 11.5"L x 8.75"W x 6"H
Cases Per Pallet: 153
Transport/Storage Temp: -10°F to 0°F
Frozen Shelf Life: 14 months
Refrigerated Shelf Life: 5-7 days
*Case is marked with a use by date.
Ex. 021418*

NUTRITION FACTS

	Per Serve (100g/3.5oz)
Calories	160
Total Dietary Fiber	6g
Saturated Fat	0g
Cholesterol	0mg
Trans Fat	0g
Protein	16g
Sugars	1g
Sodium	341mg
Total Fat	3g
Total Carb.	16g
Vit D	0%DV
Calcium	8%DV
Iron	2.9mg 15%DV
Potassium	440mg 10%DV