

Hungry Planet Crab™ is premium plant-based meat that stores, prepares, cooks and tastes just like conventional crab. Chef-crafted to be delicious, versatile, and healthful, Hungry Planet Crab™ is perfect for crab cakes, crab rangoon, egg rolls, dips; any dish requiring conventional crab. Packed with protein and fiber, with fewer calories and less fat (no trans fat) than conventional and competitor products, it's the healthful way to be kinder to our planet.

- Lower in fat, no trans fats and fewer calories.
- No antibiotics. No cholesterol. Non-GMO.
- Packed with protein and fiber.

HANDLING & COOKING INSTRUCTIONS

Product should be frozen immediately upon receiving. Keep frozen until use. Thaw in refrigerator. Frozen product that has thawed can be refrozen. Hungry Planet Crab[™] can be formed and prepared according to any recipe and can be cooked on an oiled grill, flat top, conventional oven, impinger oven, or non stick pan. Cooks like lean meat. Cook to an internal temperature of 160°F before consuming.

INGREDIENTS

Water, Soy Protein Concentrate, Textured Wheat Protein, Sunflower Oil, Natural Flavor (Maltodextrin, Salt, Yeast Extract, Modified Food Starch, High Oleic Acid, Sunflower Oil, Dried Yeast, Medium Chain Triglycerides, Silicon Dioxide), Modified Vegetable Gum, Dextrose.

ALLERGENS

Contains soy and wheat (gluten).

SPECIFICATIONS

Type: Raw, Frozen, Vegan Item Number: 40005 UPC Code: 00886844400059 Manufacturing Location: USA Net Wt: 20 lbs. (4 x 5lb chubs) Case Dimensions: 12.5"Lx8.5"Wx8.5"H Cases Per Pallet: 105 Transport/Storage Temp: -10°F to 0°F Frozen Shelf Life: 14 months Refrigerated Shelf Life: 5-7 days *Case is marked with a use by date. Ex. 021418*

NUTRITION FACTS

	Per Serve (100g/3.5oz)
Calories	130
Total Dietary Fiber	7g
Saturated Fat	0g
Cholesterol	0mg
Trans Fat	0g
Protein	17g
Sugars	0g
Sodium	220mg
Total Fat	3.5g
Total Carb.	8g
Vit D	0%DV
Calcium	87mg 6%DV
Iron	2.2mg 15%DV
Potassium	404mg 8%DV