

Hungry Planet™ Crispy Chicken Nacho Bites - 1504

Recipe group	Additional name	Diet factors	Portions	Portion size
SNACKS	Hungry Planet		25	7.31 oz

1 HUNGRY PLANET™ CRISPY CHICKEN NACHO BITES

Capacity measure	EP	Trim loss	AP	Name of ingredient	Methods	Dividing weight	Dividing capacity
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31.2 ea	7 lb 13.00 oz	0%	7 lb 13.00 oz	Hungry Planet™ Crispy Chicken			
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HEAT HUNGRY PLANET™ CRISPY CHICKEN

Cut Hungry Planet™ Crispy Chicken into triangular shapes resembling tortilla chips. Reheat at 400°F until Hungry Planet™ Crispy Chicken has warmed through and become crisp (5-10 minutes).

Capacity measure	EP	Trim loss	AP	Name of ingredient	Methods	Dividing weight	Dividing capacity
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|---|-------------|---------------|----|---------------|-----------------------------|--|--|
| 2 | ~ 1 1/2 pt | 1 lb 10.46 oz | 0% | 1 lb 10.46 oz | Salsa fresca | | |
| | ~ 1 cup | 0 lb 5.00 oz | 0% | 0 lb 5.00 oz | Jalapenos, pickled, chopped | | |
| | ~ 3 cup | 1 lb 9.35 oz | 0% | 1 lb 9.35 oz | Vegan sour cream | | |
| | ~ 1 1/2 cup | 0 lb 0.88 oz | 0% | 0 lb 0.88 oz | Cilantro, fresh, chopped | | |

GARNISH HUNGRY PLANET™ CRISPY CHICKEN NACHO BITES

Garnish Hungry Planet™ Crispy Chicken Nacho Bites with salsa fresca, jalapeno, sour cream and cilantro. Serve warm.

RECIPE IMAGES



ALLERGENS



WEIGHTS

	Raw	Cooking loss	Cooked	Loss when served	Final
Total weight	11 lb 6.69 oz	0 %	11 lb 6.69 oz	0 %	11 lb 6.69 oz
Size of portion	7.31 oz		7.31 oz		7.31 oz

ADDITIONAL INFO

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MEMO

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COSTS

	Ingredients	Other costs	Total
Total price	\$0.00	\$0.00	\$0.00
Price / lb	\$0.00	\$0.00	\$0.00
Price per ptn	\$0.00	\$0.00	\$0.00

NUTRITION INFORMATION

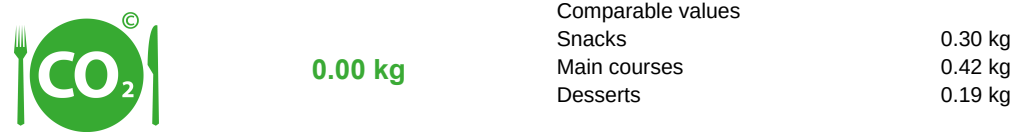
supply / 100 g

Energy nutritives			% of energy	RI	Calories		RI	Minerals		RI	
Total fat			9.92 g	92.92 %	14 %	94.43 kcal		5 %	Salt	0.57 g	9 %
Saturated			1.49 g	13.93 %	7 %	395.11 kJ			Salt	0.57 %	
Monounsaturated			1.98 g	18.58 %		0.40 MJ			Sodium	226.16 mg	
Polyunsaturated			5.95 g	55.71 %				Phosphorus	0.59 mg		
Trans			0.00 g	0.00 %				Potassium	5.61 mg		
Cholesterol			0.00 mg					Iron	0.02 mg		
Linolenic acid			0.00 g					Calcium	1.99 mg		
Alpha-linolenic acid			0.82 mg					Zinc	0.00 mg		
Total Carbohydrate			1.50 g	6.46 %	1 %			Magnesium	0.29 mg		
Sugars			0.95 g	-0.24 %	1 %			Iodine	0.00 µg		
Sugar			0.00 g					Selenium	0.02 µg		
Lactose			0.00 g					Copper	0.00 mg		
Fiber			0.08 g	0.17 %							
Organic acids			0.00 g	0.00 %							
Sugar alcohol			0.00 g	0.00 %							
Starch			0.00 g	0.00 %							
Protein			0.03 g	0.14 %	0 %						
Alcohol			0.00 g	0.00 %							

Vitamins	
Vitamin A	2.80 µg
Vitamin D	0.00 µg
Thiamine	0.00 mg
Riboflavin	0.00 mg
Niacin	0.01 mg
Vitamin B6	0.00 mg
Vitamin B12	0.00 µg
Folate	0.00 µg
Vitamin C	1.02 mg
Vitamin E	0.04 mg
Vitamin K	2.10 µg

Others	
Water	15.66 g

CO2



Comparable CO2 emissions per 100 g.

Though the reported CO2 emissions represent a major part of the actual emissions, they do not make up the whole amount. Rather than comparing the absolute values, we recommend comparing the portions in relation to each other. The CO2 emissions are based on the size of the portions and the average climate impact of the ingredients, but they do not take into account the general climate impact allocated for all the portions in restaurant services or the climate impact caused by the manufacturing. The average CO2 emission values have been calculated from the JAMIX sample database, which contains different types of recipes.