# HUNGRY PLANET ITALIAN SAUSAGE™ PRE-COOKED CRUMBLE (10 LB)

Hungry Planet Italian Sausage<sup>™</sup> Pre-Cooked Crumble is made with premium plant-based meat that stores, prepares, cooks and tastes just like conventional Italian sausage. Chef-crafted to be delicious, versatile, and healthful our Hungry Planet Italian Sausage<sup>™</sup> Pre-Cooked Crumble is perfect for pasta sauce, pizza topping, breakfast burritos; any dish requiring conventional sausage crumble. Packed with protein and fiber, with fewer calories and less fat (no saturated) than conventional and competitor meats, they're a healthful way to be kinder to our planet.

- Packed with protein and fiber.
- No cholesterol. No antibiotics.
- Lower in fat. No saturated fats. Fewer calories.

# **HANDLING & COOKING INSTRUCTIONS**

Keep frozen. Cook from frozen. Hungry Planet Italian Sausage™ Crumble is fully cooked. Preheat lightly oiled non-stick skillet over medium-low heat. Add frozen crumbles. Stirring occasionally, cook until lightly browned and thoroughly heated. Prepared in Sauce: bring sauce to simmer over medium heat. Add Hungry Planet Italian Sausage™ Crumble and simmer 4-6 mins, stirring occasionally until thoroughly heated. Microwave (1100-Watt): place 1 1/2 cups frozen crumble in microwave-safe dish, cover with microwave-safe lid and cook 1 1/2 mins. Remove lid and stir carefully. Replace lid and microwave an additional minute.

## INGREDIENTS

Water, Soy Protein Concentrate, Natural Flavors & Spices (Includes Onion And Garlic), High Oleic Sunflower Oil, Soy Protein Isolate, Modified Vegetable Gum, Beet Powder (Color), Caramel Color.

# ALLERGENS

Contains soy. Does not contain gluten, but is produced in a facility that also processes gluten.

### FOR MORE INFORMATION

DOT CODE

727795

#### **SPECIFICATIONS**

| Type: Cooked, Frozen, Vegan                   |
|---|
| Item Number: 51810                            |
| UPC Code: 00886844518105                      |
| Manufacturing Location: USA                   |
| Net Wt:10 lbs. (1 x 10lb packages)            |
| Case Dimensions: 12"L x 8.5"W x 8.5"H         |
| Cases Per Pallet: 119                         |
| Transport/Storage Temp: -10°F to 0°F          |
| Frozen Shelf Life: 18 months                  |
| Refrigerated Shelf Life: 7-10 days            |
| *Case is marked with a use by date. MMDDYYYY* |

# **NUTRITION FACTS**

| Serving Size           | 2oz (57g)  |
|------------------------|------------|
| Servings Per Container | 160        |
| Calories               | 90         |
| Total Fat              | 2g         |
| Saturated Fat          | 0g         |
| Trans Fat              | 0g         |
| Cholesterol            | 0mg        |
| Sodium                 | 210mg      |
| Total Carb.            | 6g         |
| Total Dietary Fiber    | 5g         |
| Sugars                 | 0g         |
| Protein                | 12g        |
| Vit D                  | 0%DV       |
| Calcium                | 90mg 6%DV  |
| Iron                   | 0.2mg 0%DV |
| Potassium              | 370mg 8%DV |
| Iron                   | 0.2mg 0%DV |

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