



HUNGRY
PLANET®

HUNGRY PLANET BEEF™

SALISBURY STEAK WITH SMASHED POTATOES, GRAVY AND GREEN BEANS

Hungry Planet Beef™ Salisbury Steak with smashed potatoes, gravy and green beans is made with premium plant-based meat that stores, prepares, cooks and tastes just like conventional Salisbury Steak. Chef-crafted to be delicious, versatile, and healthful, our Hungry Planet Beef™ heat and eat meal is conveniently ready to eat in 5 minutes. Packed with protein and fiber, with fewer calories and less fat than conventional and competitor meats, this meal is a healthful way to be kinder to our planet.

- *Packed with protein and fiber.*
- *No cholesterol. No antibiotics.*
- *Lower in fat. No trans fats. Fewer calories.*

HANDLING & COOKING INSTRUCTIONS

Recommended Cooking Method:

Thaw meal overnight in refrigerator.
Vent the container and microwave high power for 3½ - 4½ minutes or until an internal temperature of 165F. Allow to stand for 2-3 minutes before eating.

From Frozen Cooking Method:

Vent the container and microwave high power for 6 -7 minutes or until an internal temperature of 165F. Allow to stand for 2-3 minutes before eating.

Retailer Guidance/Handling:

Thaw under refrigeration for 24 hours before selling.
Merchandise in refrigerator.
Product has 21 days of shelf life after thawing.

INGREDIENTS

Green Beans, Mushroom Stock (Water, Mushroom Extract [Mushrooms, Water, Rosemary Extract]), Yukon Gold Mashed Potatoes, Hungry Planet Beef™ (Water, Soy Protein Concentrate, High Oleic Sunflower Oil, Natural Flavors & Spices [Includes Onion], Soy Protein Isolate, Modified Vegetable Gum, Fruit and Vegetable Juice [Color], Caramel Color), Mushrooms, Oil Blend (Canola Oil, Olive Oil), Onions, Bell Peppers, Cornstarch, Dehydrated Potatoes, Sea Salt, Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Canola Oil, Pan Oil (Canola Oil, Mineral Oil, and Sunflower Lecithin), Vegetable Extract (Onion, Leek, Celeriac, Celery, Carrot, Tomato, Potato, Parsley, Garlic, Bay Leaf, Rosemary Extract), Soy Sauce (Water, Wheat, Soybeans, Salt), Spices, Onion Powder, Garlic Powder, Yeast Extract, Xanthan Gum, Sugar, Malt Extract (Malted Barley, Water).

ALLERGENS

Contains: Wheat, Soy.



SPECIFICATIONS

Type:	Cooked, Frozen, Vegan
Item Number:	10910
UPC Code:	00886844109105
Manufacturing Location:	USA
Meals Per Case:	12
Case Net Wt:	10.29 lbs
Unit Net Wt:	13.72oz
Unit Dimensions:	8.75x6.7x1.75
Case Dimensions:	14x10x8
Cases Per Pallet Tier:	13
Pallet Tiers:	6
Cases Per Pallet:	78
Transport/Storage Temp:	-10°F to 0°F
Frozen Shelf Life:	18 months
Refrigerated Shelf Life:	21 days
Case is marked with a use by date. Ex. 021418	

NUTRITION FACTS

Serving Size	1 meal (328g)
Servings Per Container	1
Calories	310
Total Dietary Fiber	7g
Saturated Fat	1g
Cholesterol	0mg
Trans Fat	0g
Protein	18g
Sugars	5g
Sodium	930mg
Total Fat	13g
Total Carb.	34g
Vit D	0%DV
Calcium	130mg 10%DV
Iron	4mg 20%DV
Potassium	1000mg 20%DV

FOR MORE INFORMATION

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