



HUNGRY PLANET PORK™ GYOZA

Hungry Planet Pork™ Gyoza are made with chef-crafted plant-based meat that stores, prepares, cooks and tastes just like conventional lean pork. Chef-crafted to be delicious, versatile, and healthful, Hungry Planet Pork™ Gyoza is perfect as an appetizer or entree. Packed with protein and fiber, with fewer calories and less fat (no saturated) than conventional and competitor meats, it's the healthful way to be kinder to our planet.

- *Packed with protein.*
- *No cholesterol. No antibiotics.*
- *Lower in fat. No saturated fats. Fewer calories.*

HANDLING & COOKING INSTRUCTIONS

Keep frozen. Cook from frozen. Hungry Planet Pork™ Gyoza are fully cooked and can be prepared according to any recipe. Gyoza Style: preheat lightly oiled non-stick skillet over medium heat. Add frozen Gyoza flat-side down. Cook uncovered 4-5 mins until Gyoza bottoms are golden brown. Add 1/4 Cup vegetable stock or water, cover and cook additional 4-5 mins. until almost all liquid is evaporated. Remove lid and cook until Gyoza bottoms are slightly crisp and thoroughly browned. For steamer, pre-heat steamer with ample water. Line steamer with steaming paper or cheesecloth. Place Gyoza in steamer, each piece separated. Steam 12-15 mins.

INGREDIENTS

Gyoza Skin (Enriched Wheat Flour [Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Water, Vital Wheat Gluten, Salt, Citric Acid, Cornstarch), Hungry Planet Pork (Water, Textured Wheat Protein, Soy Protein Concentrate, High Oleic Sunflower Oil, Natural Flavors, Modified Vegetable Gum), Cabbage, Chives, Ginger, Garlic Paste (Water, Garlic, Salt, Citric Acid, Xanthan Gum, Natural Flavor), Tamari Soy Sauce (Water, Soybeans, Salt, Alcohol), Sesame Oil, Red Miso (Water, Soybeans, Rice, Sea Salt, Alcohol), Sake (Water, Rice, Salt), Sugar, Trehalose

ALLERGENS

Contains: Wheat, Soy, Sesame.



SPECIFICATIONS

Type:	Cooked, Frozen, Vegan
Item Number:	30810
UPC Code:	10886844308109
Manufacturing Location:	USA
Net Wt:	2.89lbs (6 x 7.7oz packages)
Case Dimensions:	11.5"L x 7.54"W x 8.0"H
Cases Per Pallet:	140
Transport/Storage Temp:	-10°F to 0°F
Frozen Shelf Life:	18 months
Case is marked with a use by date. MMDDYYYY	

NUTRITION FACTS

Serving Size	3 Gyoza (68g)
Servings per Container	3
Calories	120
Total Fat	1.5g
Saturated Fat	0g
Trans Fat	0g
Cholesterol	0mg
Sodium	210mg
Total Carb.	20g
Total Dietary Fiber	2g
Sugars	1g
Protein	6g
Vit D	0%DV
Calcium	20mg 2%DV
Iron	1.6mg 8%DV
Potassium	120mg 2%DV

FOR MORE INFORMATION

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DOT CODE

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