



HUNGRY PLANET CRAB™ GROUND CHUB (5 LB)

Hungry Planet Crab™ is premium plant-based meat that stores, prepares, cooks and tastes just like conventional crab. Chef-crafted to be delicious, versatile, and healthful, Hungry Planet Crab™ is perfect for crab cakes, crab rangoon, egg rolls, dips; any dish requiring conventional crab. Packed with protein and fiber, with fewer calories and less fat than conventional and competitor meats, it's the healthful way to be kinder to our planet.

- *Packed with protein and fiber.*
- *No cholesterol. No antibiotics.*
- *Lower in fat. Fewer calories.*

HANDLING & COOKING INSTRUCTIONS

Keep frozen or refrigerated. Thaw in fridge 12-24 hours. Thawed, chilled meat can be refrozen. Hungry Planet Crab™ can be formed and prepared according to any recipe and can be cooked on an oiled grill, flat top, conventional oven, impinger oven, or non-stick pan. For all uses, season to taste. Cooks like lean meat. Cook to an internal temperature of 165°F before consuming.

INGREDIENTS

Water, Soy Protein Concentrate, Textured Wheat Protein, High Oleic Sunflower Oil, Natural Flavor, Modified Vegetable Gum, Dextrose.

ALLERGENS

Contains: Soy, Wheat

SPECIFICATIONS

Type: Raw, Frozen, Vegan
Item Number: 40005
UPC Code: 00886844400059
Manufacturing Location: USA
Net Wt: 20 lbs. (4 x 5lb chubs)
Case Dimensions: 12.5"L x 8.5"W x 8.5"H
Cases Per Pallet: 105
Transport/Storage Temp: -10°F to 0°F
Frozen Shelf Life: 18 months
Refrigerated Shelf Life: 5-7 days
*Case is marked with a use by date.
Ex. 021418*

NUTRITION FACTS

Serving Size	3.5oz (100g)
Servings per Container	91
Calories	130
Total Dietary Fiber	4g
Saturated Fat	0.5g
Cholesterol	0mg
Trans Fat	0g
Protein	17g
Sugars	<1g
Sodium	220mg
Total Fat	4g
Total Carb.	7g
Vit D	0%DV
Calcium	80mg 6%DV
Iron	2.5mg 15%DV
Potassium	400mg 8%DV

FOR MORE INFORMATION

info@hungryplanet.us +1.(800).822.3100
hungryplanet.us @m f/hungryplanetfoods

DOT CODE

713660