



# HUNGRY PLANET PORK™ THAI MEATBALLS

Hungry Planet Pork™ Thai Meatballs are a pre-cooked, premium plant-based meat that stores, prepares, cooks and tastes just like conventional lean pork. Chef-crafted to be delicious, versatile, and healthful, Hungry Planet Pork™ Thai Meatballs are perfect for any dish requiring conventional Thai-Styled pork. Packed with protein and fiber, with fewer calories and less fat (no saturated) than conventional and competitor meats, it's the healthful way to be kinder to our planet.

- *Packed with protein and fiber.*
- *No cholesterol. No antibiotics.*
- *Lower in fat. No saturated fats. Fewer calories.*

### HANDLING & COOKING INSTRUCTIONS

Keep frozen. Cook from frozen. Hungry Planet Pork™ Thai Meatballs are fully cooked and can be prepared according to any recipe. Oven rack to center, preheat to 450°. Place frozen meatballs on lightly oiled baking pan. Bake 8-10 mins. Turn meatballs, bake additional 6-8 mins until lightly browned. For skillet: preheat lightly oiled non-stick skillet over medium-low heat. Add frozen meatballs. Cover and cook for 8-10 mins, stirring occasionally. Continue to cook until lightly browned. For microwave (1100-Watt): place 8 oz. (1 bag) frozen meatballs in microwave-safe dish, cover with microwave-safe lid, cook 2 mins. Remove lid and stir. Replace lid, microwave additional 1 min.

### INGREDIENTS

Hungry Planet Pork™ (Water, Textured Wheat Protein, Soy Protein Isolate, High Oleic Sunflower Oil, Natural Flavors, Modified Vegetable Gum), Tamari (Water, Soybeans, Salt), Bread Crumbs (Wheat Flour, Sugar, Salt, Yeast, Sunflower Oil), Lemongrass Puree (Lemongrass, Water, Xanthan Gum, Citric Acid), Chili Paste (Tomatoes, Jalapenos, Rice Vinegar, Canola, and Olive Oil Blend, Garlic, Onions, Spice, Salt, Sugar) Ginger, Cilantro, Sugar, Garlic, Salt.

### ALLERGENS

Contains: Wheat, Soy

### SPECIFICATIONS

Type: Cooked, Frozen, Vegan  
Item Number: 50820  
UPC Code: 00886844508205  
Manufacturing Location: USA  
Net Wt: 10lbs. (1 x 10lb package)  
Case Dimensions: 11.5x7.54x8.0  
Cases Per Pallet: 100  
Transport/Storage Temp: -10°F to 0°F  
Frozen Shelf Life: 18 months  
Refrigerated Shelf Life: 5-7 days  
\*Case is marked with a use by date.  
Ex. 021418\*

### NUTRITION FACTS

Serving Size	4oz (113g)
Servings per Container	40
Calories	150
Total Dietary Fiber	3g
Saturated Fat	0g
Cholesterol	0mg
Trans Fat	0g
Protein	17g
Sugars	1g
Sodium	650mg
Total Fat	4g
Total Carb.	13g
Vit D	0mg 0%DV
Calcium	50mg 4%DV
Iron	2.2mg 10%DV
Potassium	330mg 6%DV

### FOR MORE INFORMATION

info@hungryplanet.us +1.(800).822.3100  
hungryplanet.us @infb/hungryplanetfoods

### DOT CODE

733805