



HUNGRY PLANET CHICKEN™ NUGGETS

Hungry Planet Chicken™ Nuggets are chef-crafted and plant-based. They store, prepare, cook, and taste just like conventional chicken nuggets. Succulent and nutritious, our nuggets are bite-sized decadence without the guilt! Hungry Planet Chicken™ Nuggets pack protein atop a salad, are great for dipping, and outshine conventional chicken nuggets. Developed by chefs to be kid-friendly and carnivore approved! Packed with protein and fiber, with fewer calories and less fat than conventional and competitor chicken, it's the healthful way to be kinder to our planet.

- *Non-GMO. 100% plant-based.*
- *No cholesterol. No antibiotics.*
- *Lower in fat. Fewer calories.*

HANDLING & COOKING INSTRUCTIONS

Keep frozen. Cook from frozen. Do not thaw before cooking Hungry Planet Chicken™ Nuggets. Preheat air fryer to 375°F. Place frozen nuggets in air fryer and cook 8-10 mins until golden brown and 165°F internal temp. For oven, oven rack to center, preheat to 450°F. Place frozen chicken on lightly oiled baking pan. Bake 8-10 mins. Flip nuggets, bake additional 6-8 mins until golden brown and 165°F internal temp

INGREDIENTS

Hungry Planet Chicken™ (Water, Textured Wheat Protein, Soy Protein Concentrate, High Oleic Sunflower Oil, Modified Vegetable Gum, Natural Flavors [Includes Onion], Sea Salt, Pepper), Water, Breadcrumbs (Wheat Flour, Sugar, Yeast, Sunflower Oil), Rice Flour, Bleached Wheat Flour (Bleached Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Soybean Oil, Salt, Malted Barley Flour.

ALLERGENS

Contains: Wheat, Soy.



SPECIFICATIONS

Type: Cooked, Frozen, Vegan
Item Number: 20588
UPC Code: 10886844205880
Manufacturing Location: USA
Net Wt: 3.3 lbs. (6 x 8.8 oz packages)
Case Dimensions: 11.5"L x 7.54"W x 8.0"H
Cases Per Pallet: 140
Transport/Storage Temp: -10°F to 0°F
Frozen Shelf Life: 18 months
Case is marked with a use by date. MMDDYYYY

NUTRITION FACTS

Serving Size	About 5 pieces (100g)
Servings per Container	2.5
Calories	160
Total Fat	9g
Saturated Fat	.5g
Trans Fat	0g
Cholesterol	0mg
Sodium	310mg
Total Carb.	13g
Total Dietary Fiber	3g
Sugars	0g
Protein	13g
Vit D	0mcg 0%DV
Calcium	40mg 2%DV
Iron	1.5mg 8%DV
Potassium	240mg 6%DV

FOR MORE INFORMATION

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DOT CODE

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